



Boston's First Doula Agency Est. 2002



Doula Services For Masshealth Members

Patients supported by birth doulas are associated with improved maternal health outcomes and lower rates of medical intervention during birth.

OUR SERVICES

- Get matched with one of our doulas to support you throughout pregnancy, labor, and postpartum.
- Phone, text, and email support
- Perinatal visits (prenatal and postpartum) conducted virtually via telehealth*
- Labor support: in-person (with virtual support via telehealth during early labor and in-person at the onset of active labor)
- *Note: Telehealth visits are available for prenatal and postpartum appointments.



GET A DOULA



- Please ask your doctor, midwife, nurse, or social worker to submit a referral—self-referrals are not accepted.
- We accept referrals for the complete range of services, including prenatal, birth, and postpartum care.
- Postpartum-only referrals are accepted if the patient has already given birth.



www.birthinggently.com