



Doula Services For Masshealth Members

Patients with Birth Doulas are associated with improved maternal health outcomes and lower rates of medical intervention in birth

OUR SERVICES

- Get matched with one of our Doulas to help you through pregnancy, labor, and postpartum.
- Phone-text-email support
- Perinatal visits (Prenatal & Postpartum) are done virtually via telehealth*
- Labor Support, in-person (virtual via telehealth in early labor/ in-person at the onset of active labor).



GET A DOULA



- Ask your doctor, midwife, nurse, or social worker to make a request! **NO SELF-REFERRALS**
- We accept referrals for the entire service (Prenatal, Birth & Postpartum)
- We can accept referrals for postpartum services only if the patient has given birth.

