



Doula Services &
Professional Education

Birthing Gently Maternal Health Community Doula Program

The BGMH Community Doula Program was established in 2013 by Tara Campbell, Founder of Birthing Gently, in collaboration with the Midwifery Practice at Massachusetts General Hospital. The goal of this program is to provide multi-lingual, multi-cultural Birth Doula support to low-income and at-risk patients. We are excited to bring the community doula program to Massachusetts, Arizona, and New Hampshire.

How do I qualify for a community birth doula?

Volunteer Doula Criteria

- **Any patient experiencing a loss**
- **Patient is currently on Medicaid and patient meets one of the following**
 - Will otherwise be alone in labor
 - Will be under 18 years of age at delivery
 - Intellectual or developmental disabilities
 - History of trauma or substance abuse
 - Currently homeless
 - Currently incarcerated

We DO NOT accept self-referrals.

We accept a limited number patients who meet the program criteria through **direct provider referral only**. Providers can contact doula@birthinggently.com

Sliding Scale Doula Criteria

- **Patient meets income criteria**
Gross annual household income <30,000
- OR**
- **Patient or Partner are U.S. Military**

We DO accept self-referrals.

Patients can contact us at directly for more information.

doula@birthinggently.com

If you do not meet the criteria for the Volunteer Doula or Sliding-Scale Doula programs, please visit our website for information on our experienced staff doula program.

www.BirthingGently.com

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