

## Birthing Gently Maternal Health Community Doula Program

### About BGMH

The BGMH Community Doula Program was established in 2013 by Tara Campbell, Founder of Birthing Gently in collaboration with the Midwifery Practice at Massachusetts General Hospital. The goal of this program is to provide multi-lingual, multi-cultural Birth Doula support to low income and at-risk patients. With joint efforts from Birth Doulas in the community BGMH has expand to additional facilities, including Brigham and Women's Hospital, Newton Wellesley Hospital, and Salem Hospital. In 2021 BGMH accepted an invitation to join Mass General Brigham in the "United Against Racism Project".

### How do I qualify for a community birth doula?



#### Volunteer Doula Criteria

- **Any patient experiencing a loss**
- **Patient is currently on Medicaid**  
**-and- Patient meets **one** of the following**
  - Will otherwise be alone in labor
  - Will be under 18 years of age at delivery
  - Intellectual or Developmental disabilities
  - History of trauma or substance abuse
  - Currently Homeless
  - Currently incarcerated

#### **We DO NOT accept self- referrals**

We accept a limited number patients who meet the program criteria through direct provider referral only. Providers can contact [doula@birthinggently.com](mailto:doula@birthinggently.com)



#### Sliding Scale Doula Criteria

**Patient meets income criteria**  
Gross annual household income <30,000

**-OR-**

**Patient or Partner are U.S. Military**

**We DO accept self- referrals**

Patients can contact us at directly for more information.

[doula@birthinggently.com](mailto:doula@birthinggently.com)

**If you **do not** meet the criteria for the Volunteer Doula or Sliding-Scale Doula, please visit our website for information on our experienced staff doula program**

[www.birthinggently.com](http://www.birthinggently.com)  
978-314-5533